



**BATHROOM SCALE** 

ACBS001N USER'S MANUAL

#### **TABLE OF CONTENTS**

Thank you for choosing this Acer branded bathroom scale! This scale is your personal health assistant. We sincerely hope that you enjoy using your new product. This unit is intended to be operated by adults. The product is designed for domestic use only.

# Before using the unit

#### Notes on safety

#### **⚠** Danger:

Never use this unit in combination with medical electronic devices such as:

- · Medical electronic implants such as pacemakers.
- · Electronic life support systems such as an artificial heart/lung.
- Portable electronic medical devices such as an electrocardiograph.
   This unit could cause these devices to malfunction, posing a considerable health risk to users of these devices.

# **⚠** Warning:

Keep the unit out of the reach of young kids. It contains small parts that may cause a choking hazard if swallowed by infants.

- Do not use the unit on wet or slippery surfaces.
- Do not jump onto the unit, or bounce on the unit.
- Do not use this unit when your body and/or feet are wet, such as after taking a bath.
- Stand on the unit bare-footed, standing on the unit with socks on may cause you to slip and injure yourself.
- Do not step on the edge or display area of the unit.
- People with disabilities, or who are physically frail, should always be assisted by another person when using this unit.

#### ⚠ Caution:

- Do not disassemble, repair, or remodel the unit.
- Do not begin a weight reduction or exercise program without consulting a physician or healthcare specialist first. Self-diagnosis could injure your health.
- During measurement, make sure that no mobile phone or any other electrical devices that emit electromagnetic fields are within 30 cms of this device. This may result in incorrect operation of the device and/or cause an inaccurate reading.

- Always wash and dry your feet before using the unit. If you are suffering from a foot infection or other skin disease, you may cause infection to other people.
- When the unit is used by several people, wipe the unit with a damp cloth moistened with mild detergent post using it. Once done, wipe it dry.
- Do not use this unit for purposes other than described in this manual.
- As this unit is a precision instrument, do not drop, vibrate, or apply strong shock.

# **Know your unit**

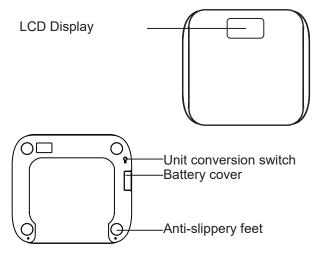
#### **Product specifications**

Product size	310x283x12.5 mm	
Power	2xAAA Batteries	
Display	LCD Display	
Max capacity	150 kg/330 lbs	
Division	0.1 kg/ 0.2 lbs	
Unit	kg/lbs	
Product weight	1.2 kg	

#### **Product features**

- \* Auto ON/Auto OFF
- \* Auto zero resetting
- \* Low battery/Over-load indication

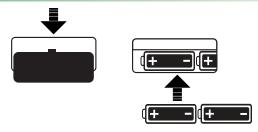
#### **Product structure**



# **Accuracy range**

50kg:±0.3kg	100kg:±0.4kg	180kg:±0.5kg
110lb:±0.66lb	220lb:±0.88lb	396lb:±1.1lb

#### **Insert and replace the batteries**



#### **Battery Life and Replacement**

Battery life is approximately 6 months, with standard alkaline AAA batteries.

• The supplied batteries are for trial use only, they may have a shorter life. We recommend standard AAA alkaline batteries for a longer life.

When the low battery symbol appears on the display, replace all batteries with new ones.

Batteries should be replaced after turning off the power.

Personal data stored is retained even if the batteries are removed.

#### **Battery advice**

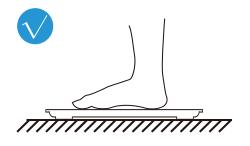
- \* If the scale is not to be used for a long period of time, it's recommended to remove the battery to avoid damage to the scale due to possible battery leakage.
- \* Keep the battery out of reach of the children.
- \* Do not mix old and new batteries, with different compositions or of different brands in order to prevent possible leakage, or an explosion.
- \* Do not heat or deform the batteries or expose to fire.
- \* Waste batteries should not be disposed of with household waste.
- \* Please check with your local authority for battery recycling advice.
- \* Replace worn batteries with new ones immediately.
- \* Do not dispose of batteries in fire.
- \* Use specified batteries for this unit with correct polarity as per marking.

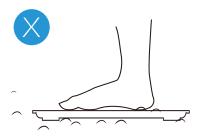
# **Operating instructions**

#### Things to keep in mind

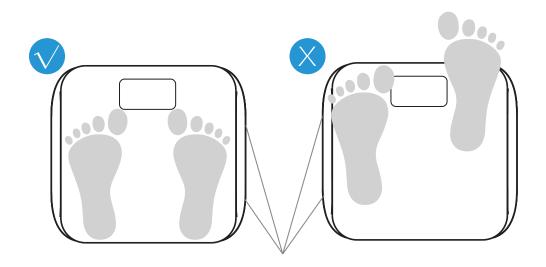
- The bathroom scale is a high-precision measuring device. Never jump or stamp on the scale or disassemble it. Please handle the scale carefully to avoid breakage.
- 2. Place the scale on a hard, flat surface during use. Using it on a soft surface like carpet or linoleum may affect the accuracy of the scale readings.
- 3. To ensure weighing accuracy, please gently step on the scale to wake it up and wait till 0.0 kg appears on the scale. Take your measurements at the same time each day to ensure the most accurate results.
- 4. When not in use, please remove the batteries and place the device in a dry place and protect it against extreme moisture, heat, lint, dust, and direct sunlight. Never place any heavy objects on the unit.
- 6. Use the scale barefooted. The scale cannot measure body weight if you are wearing shoes or socks.
- 7. Make sure your feet are dry before weighing yourself.
- 8. This scale is not waterproof; never immerse the scale in water. To clean the surface, use a damp cloth or glass cleaner. Do not use soap or other chemicals.

# How to take a measurment accurately





For body weight: Place the scale on an even surface and wait at least 10 seconds before stepping on the scale. The reading should display 0.0 kg before stepping on.



For body fat and other body composition analysis: Stand straight on the scale and place the arches of your feet onto the center of the unit.

# **Operations**

- 1. Place the scale on a solid, level surface.
- 2. Gently step onto the scale and the unit will automatically turn on.
- 3. Wait till the display shows "0.00".
- 4. Step on the scale, once a steady reading is taken, the display will lock and flash to indicate the final weight.
- 5. The scale will automatically switch off approximately in 8 seconds when there is no operation.

#### **Unit conversion**

The scale measures weight in unit systems of Metric (kilograms) and Imperial (pounds). Users can therefore select units per their convenience, i.e., kg (kilograms) or lb(pounds).

- 1. Open the battery cover.
- 2. Find the unit switch key in the battery compartment. Under the weighing mode, press the unit switch key to select the desired unit.

#### Maintenance and care

#### Recalibrating the scale

If the scale has been moved or flipped upside down, it must be recalibrated to ensure accurate results.

- 1. Place the scale on a hard, flat surface.
- 2. Step on the scale with one foot until the digits appear on the display, then, step off.
- 3. The scale will show "0.00", indicating that the calibration process is complete.

#### Maintenance of the scale

- \* Always keep the scale in horizontal position, in a cool-dry place.
- \* Avoid hitting or dropping the scale otherwise damage may occur.
- \* Do not put heavy items on the scale when not in use.
- \* Do not overload the scale otherwise you can damage the sensor.
- \* Treat the scale with care as it is a high precision electronic instrument.
- \* Do not immerse this product in water.
- \* Clean the scale with a soft, damp cloth, do not use chemicals or harsh abrasives.
- \* Keep the scale surface dry and do not use it on slippery floor.
- \* Do not stand on the scale with wet feet as it may cause slipping.
- \* The product is not for trade use.

### **Troubleshooting**

- The \*Lo\* symbol on the display indicates that the battery power is running low. Please replace with new battery.
- The \*Err\* symbol on the display indicates that the scale is over-loaded. Please step off to avoid possible damage to the product.
- If the \*C\* symbol is shown on the display as you step off the scale, it indicates that an error has occurred. Please step back to weigh again.

# Frequently asked questions

Why doesn't the scale work?

- Please check if the batteries are installed properly.

Why does the data on screen disappear in a flash?

- Please replace batteries if necessary.
- Please refer to page 6 for detailed instructions.

Waste electrical products should not be disposed of with household waste. please recycle where facilities exist. Check with your local authority or retailer for recycling advice.

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